

## CURRICULUM VITA Emily C. Cook

### Work

Rhode Island College  
Psychology Department  
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### Home

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### CURRENT POSITIONS

- 2020-Pres Rhode Island College, Department of Psychology  
Professor of Psychology
- 2016-2020 Rhode Island College, Department of Psychology  
Associate Professor of Psychology
- 2011-2016 Rhode Island College, Department of Psychology  
Assistant Professor of Psychology
- 2011-2018 Yale University School of Medicine, Psychiatry  
Assistant Clinical Professor of Psychology in Psychiatry

### EDUCATION

Yale University School of Medicine  
Division of Prevention and Community Research  
NIDA (T32) Postdoctoral Fellowship

University of North Carolina at Greensboro  
Human Development and Family Studies, PhD  
Dissertation Title: Parenting and Friendship Competence: Socioemotional Problems or Perceptions of Attachment?

University of North Carolina - Chapel Hill  
Educational Psychology, Measurement, and Evaluation, MA  
Thesis Title: The Effect of a Residential Wilderness Program on the Social Competence and Self-Esteem of Adolescent Males

College of Charleston  
Psychology, BS

## RESEARCH INTERESTS

My research interests include (a) the developmental course of adolescents' socioemotional and behavioral development, (b) the effect of psychological, biological, and contextual factors on trajectories of adolescents' externalizing behaviors, and (c) the translation of research into preventive interventions that target risk factors and increase protective factors.

## TEACHING INTERESTS

Courses that I am interested in and capable of teaching at both the undergraduate and graduate level include: Child and Adolescent Development, Human Development, Developmental Psychopathology, Parenting, Family Psychology, Community Psychology, Research Methods, and Statistics

## HONORS/AWARDS/GRANTS

2019-2021	Summer Undergraduate Research Grant, NIH-RI-INBRE Research Grant
2018-2019	Internal Grant, Center for Research and Creative Activity
2018-2019	Internal Faculty Development Grant, Rhode Island College
2016-2018	Collaborative Grant, NIH-RI-INBRE Research Grant
2015-2016	National Institutes of Health Clinical Loan Repayment Program Recipient
2014-2016	Proposal Development Grant, NIH-RI-INBRE Research Grant
2013-2014	Internal Faculty Development Grant, Rhode Island College
2012-2014	Faculty Development Grant, NIH- RI- INBRE Research Grant
2011-2013	National Institutes of Health Clinical Loan Repayment Program Recipient
2009- 2011	Fellow, Yale Edward Zigler Center in Child Development and Social Policy
2006-2008	Summer Assistantship, University of North Carolina at Greensboro
2007	Child Development Scholarship – University of North Carolina at Greensboro
2006	Rebecca McCulloch Scholarship – University of North Carolina at Greensboro
2003	Funding from The Center for Developmental Science for Master's Thesis

## PUBLISHED PAPERS

\* Indicates undergraduate or graduate co-author. \*\* Indicates equal contribution

**Cook, E. C.** (2020). Affective and physiological synchrony in friendships during late adolescence. *Journal of Social and Personal Relationships*, 37(4), 1296-1316.

**Cook, E. C.** (2020). Understanding the associations between helicopter parenting and emerging adults' adjustment. *Journal of Child and Family Studies*

**Cook, E. C., Blair, B., & Buehler, C.** (2018). Individual differences in adolescents' emotional reactivity across relationship contexts. *Journal of Youth and Adolescence*. 47(2), 290-305.

\***Cook, E. C., Duncan, O., Fernandez, M. E., Mercier, B., Windrow, J., & Stroud, L. R.** (2018). Affective and physiological response to a novel parent-adolescent conflict stressor. *Stress*, 1-11.

- \* **Cook, E. C.**, Wilkinson, K., & Stroud, L. R. (2018). The role of stress response in the association between autonomy and adjustment in adolescents. *Physiology & Behavior*, *189*, 40-49.
- \*Duncan, O., **Cook, E. C.**, Pimental, D., Wilkinson, K., & Champagne, A. (2018). The effect of visual stressors on adolescents' neural response: A review of laboratory Research. *Adolescent Research Review*, 1-16.
- \*Titelius, E.N., **Cook, E.C.**, Spas, J., Orchowski, L., Kivisto, K., McManama O'Brien, K.H., Frazier, E., Wolff, J.C., Dickstein, D.P., Kim, K.L., & Seymour, K.E. (2018). Emotion dysregulation mediates the relationship between child maltreatment and non-suicidal self-injury. *Journal of Aggression, Maltreatment & Trauma*, *27*, 323-331.
- \*\*Martineau, K. M., & **Cook, E. C.** (2017). Trajectories of adolescent alcohol use: The effect of individual and social risk factors by race. *Journal of Child & Adolescent Substance Abuse*, *26*, 387-400.
- Steeger, C. M., **Cook, E. C.**, & Connell, C. M. (2017). Cumulative family stress and adolescent externalizing and internalizing behaviors: The moderating role of cortisol reactivity. *Child Psychiatry and Human Development*, *48*, 225-234.
- \*\*Buehler, C., & **Cook, E. C.** (2015). Parenting behavior, parental influence, and adolescents' risk behavior. In Nova (in-house editing), *Advances in psychological research*. NY: Nova.
- Cook, E. C.**, Chaplin, T. C., & Stroud, L.R. (2015). The Relationship between Autonomy and Relatedness and Adolescents' Adrenocortical and Cardiovascular Stress Response. *Journal of Youth and Adolescence*, *44*, 1999-2011.
- Cook, E. C.**, Pflieger, J.C., Connell, A. Connell, C. M. (2015). Do specific transitional patterns of antisocial behavior during adolescence increase risk for problems in young adulthood? *Journal of Abnormal Child Psychology*, *43*, 95-106. PMID: [24893667](#)
- \* Turpyn, C. C., Chaplin, T. M., **Cook, E. C.**, & Martelli, A. M. (2015). A person-centered approach to adolescent emotion regulation: Associations with psychopathology and parenting. *Journal of Experimental Child Psychology*, *136*, 1-16.
- Cook, E. C.**, Buehler, C., Blair, B. (2013). Adolescents' emotional reactivity across relationship contexts. *Developmental Psychology*, *49*, 341-352. PMID: [22545839](#)
- Pflieger, J. C., **Cook, E. C.**, Nicolai, L. M., Connell, C. M. (2013). Patterns of sexual risk behavior and sexually transmitted infections. *American Journal of Public Health*, *103*, 903-909. PMID: [23488501](#)
- Cook, E. C.**, Buehler, C., Fletcher, A. C. (2012). A process model of parenting and adolescents' friendship competence. *Social Development*, *21*, 461-481.

- Cook, E. C.**, Chaplin, T., Sinha, R., Tebes, J. K., & Mayes, L. (2012). The stress response and adolescents' adjustment: The impact of child maltreatment. *Journal of Youth and Adolescence*, *41*, 1067-1077. PMID: [22359225](#)
- Connell, C. M., **Cook, E. C.**, Aklin, W.M., Vanderploeg, J., & Brex, B. (2011). Risk and protective factors associated with patterns of antisocial behavior among nonmetropolitan adolescents. *Aggressive Behavior*, *37*, 98-106. PMID: [20973088](#)
- Tebes, J. K., **Cook, E. C.**, Vanderploeg, J. J., et al., (2011). Parental knowledge and adolescents' substance use among African American youth: Influence of gender and grade level. *Journal of Child and Family Studies*. *20*, 406-413. PMID: [24683304](#)
- Buehler, C., Franck, K. L., & **Cook, E. C.** (2009). Adolescent triangulation in marital conflict. *Journal of Research on Adolescence*, *19*, 669-690.
- Cook, E. C.**, & Buehler, C., & Henson, R. (2009). Adolescents' reliance on parents and peers as social influences on abstinence choices. *Journal of Youth and Adolescence*, *38*, 1240-1252.
- Cook, E. C.** (2008). Residential wilderness programs: The role of social support in changing self evaluations of male adolescents. *Adolescence*, *43*, 751-774.
- Fletcher, A. C., Walls, J. K., **Cook, E. C.**, Madison, K., & Bridges, T. (2008). Parenting style as a moderator of associations between maternal disciplinary strategies and child well-being. *Journal of Family Issues*, *29*, 1724-1744.

#### **PAPERS UNDER REVIEW**

- \***Cook, E. C.**, Fernandez, M. E., & Stroud, L. R. (Under review). *Adolescent risk taking in response to a parent-adolescent conflict stressor*
- Cook, E. C.** & Stroud, L. R. (Under review). *Costs of caring: Synchrony in salivary alpha amylase, heart rate, and negative affect in adolescents' close friendships following a stressor.*
- Cook, E. C.** (Under review). *Perceived changes in peer relationships and behavioral health among college students during Covid-19.*

#### **PAPERS IN PREPARATION**

- Cook, E. C.** (in preparation). *Synchrony to daily hassles in cortisol and affect in adolescents' daily lives.*

#### **SELECTED PROFESSIONAL PRESENTATIONS**

- \* Indicates undergraduate or graduate co-presenter

- \*Alton, E., Fernandez, M., Laperche, J., & **Cook, E. C.** (2019). *Daily negative experiences and behavioral and physical health among college students*. Poster presented at the Rhode Island Summer Undergraduate Research Fellowship (S.U.R.F.) Conference at the University of Rhode Island, North Kingston, RI.
- Cook, E. C.** (2019). *Daily stressful experiences and adjustment among late adolescents*. Paper presented at the Eastern Psychological Association Conference, New York, NY.
- \*Duncan, O., **Cook, E. C.** (2019). *Asymmetry of adolescent stress response and problem behaviors*. Paper presented at the Eastern Psychological Association Conference, New York, NY.
- \*Fernandez, M. & **Cook, E. C.** (2019). *The effect of stress reactivity on adolescent laboratory risk taking*. Paper presented at the Eastern Psychological Association Conference, New York, NY.
- Cook, E. C.** (2018). *The effect of helicopter parenting on college students' adjustment*. Paper presented at the Eastern Psychological Association Conference, Philadelphia, PA.
- \*Fernandez, M., Windrow, J., & **Cook, E. C.** (March, 2018). *The impact of high quality friendships on stress reactivity and substance use*. Poster presented at the Eastern Psychological Association Conference, Philadelphia, PA.
- \*Villon, V., Vito, A., Duncan, O., Cook, E., & Stroud, L. (2018, March). *Differential responses in stress response to a performance based and interpersonal stressor*. Poster presented at the Annual Eastern Psychological Association Meeting, Philadelphia P.A.
- \***Cook, E. C.** & Duncan, O. (2017). *The effect of interpersonal stress on neurobiological stress response and risk behavior*. Poster presented at the Society for Research in Child Development Biennial Conference, Austin, TX.
- \*Duncan, O., Fernandez, M., Windrow, B., Villon, V., & Cook, E. (2017, July). *Co-Regulation of friends' stress response*. Poster presented at the Annual Rhode Island IDEa Network for Excellence in Biomedical Research Summer Undergraduate Research Fellowship Conference, Kingston R.I.
- \*Duncan, O., **Cook, E. C.** (2017, April). *They can't even: Examining conflicts in adolescent same-sex friendships*. Poster presented at the Biennial Society for Research on Child Development Meeting, Austin, TX.
- \*Fernandez, M. & **Cook, E. C.** (2017, April). *Gender, race and age differences in the effect of stress reactivity on risk taking behaviors*. Poster presented at the Society for Research in Child Development Biennial Conference, Austin, TX.
- \*Mercier, B., Windrow, J., Fernandez, M., Duncan, O., Villon, V., & **Cook, E. C.** (July, 2017).

*Adolescents' physiological response to stress within peer relationships.* Poster presented at the Annual Rhode Island IDeA Network for Excellence in Biomedical Research Summer Undergraduate Research Fellowship Conference, Kingston R.I.

- \*Mercier, B. & **Cook, E. C.** (April, 2017). *Are adolescents exposed to high family conflict and hostility at risk for emotional regulation problems when faced with stress.* Paper presented at the Society for Research in Child Development Biennial Conference, Austin, TX.
- \*Windrow, J. J., **Cook, E.C.**, & Stroud, L.R. (2017). *The effect of everyday social skill problems on adolescents' stress response to a laboratory peer rejection stressor.* Paper presented at the Association for Psychological Science Annual Convention, Boston, MA.
- \*Pacheco, T., Poole, B., **Cook, E. C.** (April 2017). *The effect of helicopter parenting on college students' adjustment.* Poster presented at the Rhode Island College 2017 Spring Expo of Research and Creative Activity Poster Session.
- \*Villon V. C., **Cook, E.C.**, & Stroud, L.R. (2017). *The effect of impulsivity and pubertal development on autonomy and relatedness.* Paper presented at the Association for Psychological Science Annual Convention, Boston, MA.
- \*Duncan, O., Pimental, D., & **Cook, E. C.** (July, 2016). *Family and peer influences on adolescent risk-taking behavior.* Poster presented at the Rhode Island Summer Undergraduate Research Fellowship (S.U.R.F.) Conference at the University of Rhode Island, North Kingston, RI.
- \*Fernandez, M. Mercier, B., Duncan, O., Pimental, D., & Cook, E. C. (July, 2016). *Examining associations of neurobiological responses to stress across adolescents in a dyad.* Poster presented at the Rhode Island Summer Undergraduate Research Fellowship (S.U.R.F.) Conference at the University of Rhode Island, North Kingston, RI.
- Cook, E. C.**, Blair, B., & Buehler, C. (2016). *Individual differences in adolescents' emotional reactivity across relationship contexts.* Paper presented at the Society for Research in Adolescence Biennial Conference, Baltimore, MD.
- Cook, E. C.** (2016). *Emotional and physiological synchrony in adolescents' friendships.* Paper presented at the Society for Research in Adolescence Biennial Conference, Baltimore, MD.
- \***Cook, E. C.**, & Wilkinson, K. (2015). *Intrapersonal and Interpersonal Predictors of Late Adolescents' Stress Response during a Friendship Conflict Discussion.* Poster presentation at the Society for Research in Child Development Biennial Conference, Philadelphia, PA.
- Cook, E. C.** (2014). *The Relationship among autonomy relatedness, adolescents' stress response, and externalizing behaviors.* Poster presentation at the Society for Research on Adolescent Development, Austin, TX.

- Cook, E.C., & Buehler, C.** (2013). *The effects of parenting behavior and parental influence on adolescents' risk behavior*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- Cook, E.C., & Chaplin, T. M.** (2013). *Individual differences in adolescents' stress response and the association with internalizing and externalizing problems*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- Cook, E.C.** (2012). *Stress response and adolescents' adjustment: The impact of child maltreatment*. Paper presented at the Society for Research on Adolescence, Vancouver, British Columbia.
- Cook, E.C., Buehler, C., & Blair, B.** (2011). *Adolescents' emotional reactivity across relationship contexts*. Poster Session presented at the Society for Research in Child Development, Montreal, Canada.
- Cook, E.C., Connell, C. M., & Pflieger, J.** (2011). *Transitions in adolescents' antisocial behavior*. Paper presented at the Society for Research in Child Development, Montreal, Canada.
- Cook, E.C., & Connell, C.M.** (2011). *Transitions in Non-metropolitan adolescents' antisocial behavior: The role of self-control, peers and parents*. Paper presented at the Society for Prevention Research, Washington, DC.
- Cook, E.C., & Buehler, C.** (2010). *Parents, peers, and self: Adolescents' perception of who deters risk behavior*. Poster Session presented at the Society for Research on Adolescent Development, Philadelphia, PA.
- Cook, E. C., & Buehler, C.** (2009). *Parenting practices and friendship quality*. Poster session presented at the Research in Child Development Biennial Conference, Denver, CO.
- Cook, E. C., Walls, J. K., & Dansokho, S. D.** (2008). *Moderators of the relationship between children's problem behavior and maternal depressive symptoms*. Poster Session presented at the Biennial Conference on Human Development, Indianapolis, IL.
- Cook, E. C., Buehler, C., & Henson, B.** (2008). *The effect of gender and socioeconomic status on parents and peers as social influences on abstinence choices*. Poster Session presented at Society for Research on Adolescent Development, Chicago, IL.
- Cook, E. C., Buehler, C., & Henson, B.** (2008). *Individual, peer, and family factors that affect adolescents' reliance on parents and peers as social influences on abstinence choices*. Poster session presented at the Biennial Conference on Human Development, Indianapolis, IL.
- Cook, E. C., Fletcher, A. C., Walls, J. K., Madison, K., & Bridges, T.** (2007). *Parenting style as a moderator of associations between maternal disciplinary strategies and child well-*

*being*. Poster Session presented at the Research in Child Development Biennial Conference, Boston, MA.

**Cook, E. C.** (2006). *Changes in adolescents' perceptions of self during a residential wilderness program*. Paper presented at the South Eastern Association for Experiential Education Annual Conference, Hendersonville, NC.

\*Champagne, A., & **Cook, E. C.** (2015). *Internalizing problems in parent-adolescent relationships*. Poster presented at the 2015 Association for Psychological Science Conference in New York, New York.

\*Felkel, N. C. & **Cook, E. C.** (2014). *Maternal depression and the impact on adolescent autonomy*. Poster presented at the New England Psychological Association Annual Meeting, Lewiston, Maine.

\*Fernandes, K., Flynn, K., Wilkinson, K., Welch, A., & **Cook, E. C.** (2012). *The Effect of Parent-Adolescent Relationships and Stress Response on Adolescent Risk Behavior*. Poster presented at the 2012 Rhode Island Summer Undergraduate Research Fellowship Conference at the University of Rhode Island.

\*Vaught, E. & **Cook, E. C.** (2015). *Does a discrepancy between perceived stress and physiological stress response impact adjustment?* Poster presented at the Northeastern Psychological Association Annual Meeting, Philadelphia, PA.

\*Wilkinson, K., **Cook, E. C.**, Felkel, N., Vaught, E., Champagne, A. (2015) *Conflict management as a buffer between peer conflict and adolescents' reactivity to conflict*. Poster presented at the 2015 Association for Psychological Science Conference in New York, New York.

\*Wilkinson, K., Champagne, A., Pimental, D., Duncan, O., & **Cook, E. C.** (2015). *Assessing Adolescents' Stress Response to a Parent-Adolescent Visual Stimulus*. Poster presented at the 2015 Rhode Island Summer Undergraduate Research Fellowship Conference at the University of Rhode Island.

\*Wilkinson, K., Pisapia, K., Vaught, E., Felkel, N., & **Cook, E. C.** (2014) *Development of a laboratory based paradigm to simulate parent adolescent conflict* poster presented at the Rhode Island Summer Undergraduate Research Fellowship (S.U.R.F.) Conference at the University of Rhode Island.

\*Wilkinson, K., & **Cook, E. C.** (2014). *The Effect of Emotional Insecurity on The Intergenerational Transmission of Depression*. Poster presented at the Northeast Undergraduate Research and Development Symposium at the University of New England.

## INVITED PRESENTATIONS



- Cook, E. C. (December, 2019). *The transmission of emotions within and across context during adolescence*. Invited Talk at Yale University School of Medicine: Department of Psychiatry.
- Cook, E. C. (February, 2013). *Adolescents' stress response and associations with parent-adolescent relationships*. Invited Talk at University of North Carolina at Greensboro: Human Development and Family Studies Department.
- Cook, E. C. (November, 2013). *Interpersonal stress, adolescents' stress response, and risk behavior*. Invited Talk at Rhode Island College: Psychology Department.
- Cook, E. C. (October, 2013). *Individual differences in adolescents' stress response and associations with family and adolescent functioning*. Invited Talk at Roger Williams University: Psychology Department.
- Cook, E. C. (January, 2012). *Stress response and adolescents' adjustment*. Invited Talk at Brown Alpert School of Medicine.

#### POLICY BRIEFS AND TECHNICAL REPORTS

- Cook, E. C., & Connell, C. M.** (2010). *Northeast Communities Against Substance Abuse (NECASA) Substance Abuse Prevention Student Survey of the Community Coalition Building Grant*. New Haven, CT: Yale University [Reports completed in the spring and fall].
- Cook, E. C., & Tebes, J. K.** (2010). Cigarette taxes helpful in reducing smoking for the vast majority of adolescents but not all. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.
- Cook, E. C., & Tebes, J. K.** (2010). Inhibition of Protein Kinase C reduces the negative effects of stress and rescues prefrontal cortex functioning. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.
- Cook, E. C., & Tebes, J. K.** (2010). The adolescent brain: A sensitive period to cocaine effects. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.
- Cook, E. C., & Tebes, J. K.** (2010). Increased levels of serotonin 1B receptor and alcohol dependence. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.
- Connell, C. M., **Cook, E. C.**, Crusto, C. A., & Patel, T. (2010). *The Courage to Speak Foundation, Inc. Drug Education Programs Evaluation: Baseline Data Report*. New Haven, CT: Yale University.

Crusto, C. A., Connell, C. M., **Cook, E. C.**, Holder, E., & Patel, T. (2010). *The Courage to Speak Foundation, Inc. Drug Education Programs Evaluation: Final Report*. New Haven, CT: Yale University.

## TEACHING/MENTORING EXPERIENCE

### Courses Taught:

First Year Seminar: Thirteen Reasons Why

- Rhode Island College, Spring 2018, Fall 2019

Introduction to Research Methods

- University of New Haven, Fall 2010
- Rhode Island College, Fall 2012/2016, Summer 2014, Spring 2015/2016/2017

Human Development

- University of North Carolina, Summer 2006, 2007 & Spring 2008
- Rhode Island College, Spring 2012

Adolescent Development

- University of North Carolina – Chapel Hill, Fall 2002 & 2003, TA for Graduate Seminar
- University of North Carolina at Greensboro, Spring 2008
- Rhode Island College, Fall 2012, Spring 2014/2016/2017/2019/2021, Summer 2018/2019/2021

Community Psychology

- Rhode Island College, Fall 2013

Research Seminar (4-6 students a semester, mentorship in the research process)

- Rhode Island College, every semester 2012-2017

Developmental Research Methods (Lecture and Lab)

- Rhode Island College, fall semester 2011-2018, Spring 2021

Graduate Seminar Current Topics in Psychology: Developmental Psychopathology

- Rhode Island College, Spring 2013

Graduate Course in Research Design and Analysis I & II

- Rhode Island College, Fall 2014-2017 & 2019 – I
- Rhode Island College, Spring 2012 – II

### Students Mentored:

2018-2019 **Graduate Thesis Advisor**, Orianna Duncan, Department of Psychology, Rhode Island College

- 2018-2019 **Graduate Thesis Advisor**, Roxanne Heikin, Department of Psychology, Rhode Island College
- 2018-2019 **Undergraduate McNair Research Mentor**, Mary Fernandez, Department of Psychology, Rhode Island College
- 2019-2019 **Dissertation Doctoral Committee**, School of Education, Rhode Island College
- 2018 **Comprehensive Doctoral Examination Committee**, School of Education, Rhode Island College
- 2016-2017 **Undergraduate Senior Thesis Advisor**, Katherine Fernandez, School Honors, Rhode Island College
- 2014-2015 **Graduate Thesis Advisor**, Elise Titelius, Department of Psychology, Rhode Island College
- 2014-2015 **Graduate Thesis Advisor**, Kelly Pisapia, Department of Psychology, Rhode Island College
- 2013-2014 **Undergraduate Senior Thesis Advisor**, Kristen Wilkinson, Department of Psychology, Rhode Island College
- 2013-2014 **Graduate Research Project Advisor**, Kayla Martineau, Department of Psychology, Rhode Island College
- 2013-2014 **Graduate Research Project Advisor**, Amanda Welch, Department of Psychology, Rhode Island College
- 2012-2019 **Undergraduate Research Experience**, 20 plus students mentored to date, Department of Psychology, Rhode Island College

### RESEARCH EXPERIENCE

- 2019-2020 **Principal Investigator – National Institute of General Medical Sciences of the National Institutes of Health – Direct Costs: \$67,942**  
Department of Psychology, Rhode Island College  
PI on a project that is examining the relationship between daily stressful events and behavioral and physical health outcomes using a daily diary approach with 15 friendship dyads.
- 2018-2019 **Principal Investigator – Internal Grant from Rhode Island College – Direct Costs: \$3,667.97**  
Department of Psychology, Rhode Island College

PI on a project that is examining the relationship between daily stressful events and cortisol response, as it related to risk behavior in a sample of 20 friendship dyads.

2016-2018 **Principal Investigator – National Institute of General Medical Sciences of the National Institutes of Health – Direct Costs: \$149,954**

Department of Psychology, Rhode Island College  
PI on a project that examined co-regulation (i.e., sharing) of stress response within adolescents' close friendships (60 dyads) using biomarkers, observation, and self-report of emotions.

2014-2016 **Principal Investigator – National Institute of General Medical Sciences of the National Institutes of Health – Direct Costs: \$119,989**

Department of Psychology, Rhode Island College  
PI on a project that developed an ecologically valid laboratory paradigm to examine the neurobiological mechanisms by which interpersonal stressors impact adolescents' risk behaviors in a sample of 60 adolescents.

2013-2014 **Principal Investigator – Internal Grant from Rhode Island College – Direct Costs: \$3, 885**

Department of Psychology, Rhode Island College  
PI on a project that is currently collecting observational, survey, and physiological data on friends during a conflict interaction. The goal of this project is to further understand how characteristics of the individual and of the friendship are related to how adolescents handle stress when confronted with conflict in an important interpersonal interaction and how in turn this exasperates internalizing and externalizing problems.

2012-2014 **Principal Investigator National Institute of General Medical Sciences of the National Institutes of Health – Direct Costs: \$141, 074**

Department of Psychology, Rhode Island College  
PI on a project that examined the relationship between parent-adolescent conflict, stress response, and adolescents' risk behavior in a sample of 100 mothers and adolescents utilizing survey, observational, and physiological data.

2009 – 2011 **Postdoctoral Fellow**

Department of Psychiatry, Yale University  
Responsible for data collection, data analysis, manuscript generation, report writing, and translating research into policy briefs. Received training in prevention science and use of physiological measures.  
Supervisors: Jacob Kraemer Tebes, PhD and Christian M. Connell, PhD

2008-2009 **Editorial Assistant**

Journal of Marriage and Family, University of North Carolina at Greensboro  
Screened and reviewed manuscripts; selected appropriate reviewers.  
Supervisor: David Demo, PhD

- 2005-2007 **Research Assistant**  
Human Development and Family Studies, University of North Carolina at Greensboro  
Helped supervise and coordinate a research study on how family processes affect adolescents' development. Duties included supervising and training undergraduates on observational coding and interviewing, management of database, creation of surveys, and grant preparation.  
Supervisor: Cheryl Buehler, PhD
- 2004 **Research Assistant**  
School of Social Work, University of North Carolina – Chapel Hill  
Responsible for psychological and educational testing of female students in a juvenile detention center. Affiliated with a pilot program designed to provide educational services to females with substance abuse issues.  
Supervisor: Raymond Kirk, PhD
- 2003-2004 **Research Assistant**  
Frank Porter Graham, University of North Carolina – Chapel Hill  
Helped coordinate and conduct a research study on problem-based learning. Work on this project involved setting up a statistical database, contacting school personnel, helping design scoring rubrics, conducting focus groups with teachers and students, and classroom observation.  
Supervisor: James G. Gallagher, PhD

### **CLINICAL AND CASE-MANAGEMENT EXPERIENCE**

- 2004-2005 **Case coordinator, Clinical Programs**  
University of Florida, Child Protection Team, Gainesville, FL  
Responsible for intake, case coordination, and recommendations for children that have been abused or neglected. Provided services that included: forensic interviewing, multidisciplinary staffing, and assessments.
- 2002 **After-Care Specialist**  
Department of Juvenile Justice/Project Adventure, Athens, GA  
Delivered a complete range of services to 32 juvenile delinquents on aftercare. Specifically, I wrote treatment plans, developed skills in informal family and individual counseling, attended court hearings, made decisions on out of home placements, and worked with schools and mental health agencies to integrate adolescents back into the community.

### **DEPARTMENT AND UNIVERSITY SERVICE**

- 2020-Pres Member, Committee of Faculty Scholarship  
2018-Pres Chair, Institutional Review Board  
2018-Pres Chair, Graduate Program in Psychology  
2018-2021 Member, Departmental Advisory Committee  
2016-2017 Chair, Search Committee Faculty Position, Rhode Island College  
2015-2018 Member, CRCA Steering Committee, Rhode Island College

2015 Interim Psychology Program Graduate Director, Rhode Island College  
 2015 Committee Member, Search Committee, Rhode Island College  
 2014-2017 College Lectures Committee Co-Chair, Rhode Island College  
 2013-Pres College Lectures Committee, Rhode Island College  
 2013-2015 College Committee on General Education, Rhode Island College  
 2013-2015 Ad-Hoc Committee Building Research at RIC, Rhode Island College  
 2013-2015 Department Curriculum Committee, Rhode Island College  
 2013 Committee Member, Search Committee, Rhode Island College  
 2012-Pres Department Graduate Committee, Rhode Island College  
 2012-2014 Faculty Advisor Co-Op Preschool, Rhode Island College

### **PROFESSIONAL SERVICE & MEMBERSHIPS**

#### **Ad hoc reviewer:**

2010-Pres American Journal of Community Psychology  
 2010-Pres Social Development  
 2011-Pres Journal of Research on Adolescence  
 2012-Pres Journal of Early Adolescence  
 2012-Pres Journal of Youth and Adolescence (Editorial Board)  
 2013-Pres Journal of Adolescent Health  
 2015-Pres Developmental Psychobiology  
 2015-Pres Adolescent Research Review (Editorial Board)  
 2016-Pres Journal of Abnormal Child Psychology  
 2017/2019 Conference Proposal Reviewer Society for Research on Adolescence

#### **Memberships:**

2017-pres Eastern Psychological Association  
 2010 - 2018 Association for Society on Child Development  
 2009 - 2012 American Psychological Association  
 2004 - pres Society for Research on Adolescence