

## **CURRICULUM VITA**

### **Emily C. Cook**

#### **Work**

Rhode Island College  
Psychology Department  
Horace Mann 317  
600 Mt. Pleasant Ave.  
Providence, RI 02908  
[ecook@ric.edu](mailto:ecook@ric.edu)

#### **Home**

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### **CURRENT POSITIONS**

- 2011-Pres     Rhode Island College, Department of Psychology  
Assistant Professor of Psychology
- 2011-Pres     Yale University School of Medicine, Psychiatry  
Assistant Clinical Professor of Psychology in Psychiatry

### **EDUCATION**

Yale University School of Medicine  
Division of Prevention and Community Research  
NIDA (T32) Postdoctoral Fellowship

University of North Carolina at Greensboro  
Human Development and Family Studies, PhD  
Dissertation Title: Parenting and Friendship Competence: Socioemotional Problems or Perceptions of Attachment?

University of North Carolina - Chapel Hill  
Educational Psychology, Measurement, and Evaluation, MA  
Thesis Title: The Effect of a Residential Wilderness Program on the Social Competence and Self-Esteem of Adolescent Males

College of Charleston  
Psychology, BS

### **RESEARCH INTERESTS**

My research interests include (a) the developmental course of adolescents' socioemotional and behavioral development, (b) the effect of psychological, biological, and contextual factors on trajectories of adolescents' externalizing behaviors, and (c) the translation of research into preventive interventions that target risk factors and increase protective factors.

## TEACHING INTERESTS

Courses that I am interested in and capable of teaching at both the undergraduate and graduate level include: Child and Adolescent Development, Human Development, Developmental Psychopathology, Parenting, Family Psychology, Community Psychology, Research Methods, and Statistics

## HONORS/AWARDS/GRANTS

2015-2016	National Institutes of Health Clinical Loan Repayment Program Recipient
2014-2016	Proposal Development Grant, NIH-RI-INBRE Research Grant
2013-2014	Internal Faculty Development Grant, Rhode Island College
2012-2014	Faculty Development Grant, NIH- RI- INBRE Research Grant
2011-2013	National Institutes of Health Clinical Loan Repayment Program Recipient
2009- 2011	Fellow, Yale Edward Zigler Center in Child Development and Social Policy
2006-2008	Summer Assistantship, University of North Carolina at Greensboro
2007	Child Development Scholarship – University of North Carolina at Greensboro
2006	Rebecca McCulloch Scholarship - University of North Carolina at Greensboro
2003	Funding from The Center for Developmental Science for Master’s Thesis

## PUBLISHED PAPERS

\* Indicates undergraduate or graduate co-author. \*\* Indicates equal contribution

**Cook, E. C.** (2008). Residential wilderness programs: The role of social support in changing self evaluations of male adolescents. *Adolescence*, *43*, 751-774.

**Cook, E. C.,** & Buehler, C., & Henson, R. (2009). Adolescents’ reliance on parents and peers as social influences on abstinence choices. *Journal of Youth and Adolescence*, *38*, 1240-1252.

**Cook, E. C.,** Buehler, C., Fletcher, A. C. (2012). A process model of parenting and adolescents’ friendship competence. *Social Development*, *21*, 461-481.

**Cook, E. C.,** Buehler, C., Blair, B. (2013). Transmission of adolescents’ emotional reactivity across relationship contexts. *Developmental Psychology*, *49*, 341-352.

**Cook, E. C.,** Chaplin, T., Sinha, R., Tebes, J. K., & Mayes, L. (2012). The stress response and adolescents’ adjustment: The impact of child maltreatment. *Journal of Youth and Adolescence*, *41*, 1067-1077.

**Cook, E. C.,** Pflieger, J.C., Connell, A. Connell, C. M. (2015). Do specific transitional patterns of antisocial behavior during adolescence increase risk for problems in young adulthood? *Journal of Abnormal Child Psychology*, *43*, 95-106.

**Cook, E. C.,** Chaplin, T. C., & Stroud, L.R. (In Press). The Relationship between Autonomy

and Relatedness and Adolescents' Adrenocortical and Cardiovascular Stress Response. *Journal of Youth and Adolescence*.

\*\*Buehler, C., & **Cook, E. C.** (in press, expected 2015 publication). Parenting behavior, parental influence, and adolescents' risk behavior. In Nova (in-house editing), *Advances in psychological research*. NY: Nova.

Buehler, C., Franck, K. L., & **Cook, E. C.** (2009). Adolescent triangulation in marital conflict. *Journal of Research on Adolescence*, 19, 669-690.

Connell, C. M., **Cook, E. C.**, Aklin, W.M., Vanderploeg, J., & Brex, B. (2011). Patterns of antisocial behavior among non-metropolitan adolescents. *Aggressive Behavior*, 37, 98-106

Fletcher, A. C., Walls, J. K., **Cook, E. C.**, Madison, K., & Bridges, T. (2008). Parenting style as a moderator of associations between maternal disciplinary strategies and child well-being. *Journal of Family Issues*, 29, 1724-1744.

Pflieger, J. C., **Cook, E. C.**, Niccolai, L. M., Connell, C. M. (2013). Patterns of sexual risk behavior and sexually transmitted infections. *American Journal of Public Health*, 103, 903-909.

Tebes, J. K., **Cook, E. C.**, Vanderploeg, J. J., et al., (2011). Parental knowledge and adolescents' substance use among African American youth: Influence of gender and grade level. *Journal of Child and Family Studies*. 20, 406-413.

\* Turpyn, C. C., Chaplin, T. M., **Cook, E. C.**, & Martelli, A. M. (2015). A person-centered approach to adolescent emotion regulation: Associations with psychopathology and parenting. *Journal of Experimental Child Psychology*, 136, 1-16.

#### **PAPERS UNDER REVIEW**

\*Martineau, K., & **Cook, E. C.** (Under Review). *Trajectories of adolescent alcohol use: The effect of individual and social risk factors by race.*

Steger, C. M., **Cook, E. C.**, & Connell, C. M. (In preparation). *Cumulative family stress and adolescent externalizing and internalizing behaviors: The moderating role of cortisol reactivity.*

\*Wilkinson, K. & **Cook, E. C.** (Under Review). *Stress response and emotional security in the intergenerational transmission of depressive symptoms.*

#### **PAPERS IN PREPARATION**

**Cook, E.C.**, & Connell, C.M. (In preparation). *Transitions in Non-metropolitan adolescents' antisocial behavior: The role of self-control, peers and parents.*

**Cook, E. C., & Chaplin, T. C.** (In preparation). *Patterns of adolescent stress response and maladjustment.*

**Cook, E. C., & Stroud, L. R.** (In preparation). *Characterizing the role of adolescents' stress response in the association between parent-adolescent relationships and risk behaviors.*

### SELECTED PROFESSIONAL PRESENTATIONS

\* Indicates undergraduate or graduate co-presenter

**Cook, E. C.** (2006). *Changes in adolescents' perceptions of self during a residential wilderness program.* Paper presented at the South Eastern Association for Experiential Education Annual Conference, Hendersonville, NC.

**Cook, E. C., Fletcher, A. C., Walls, J. K., Madison, K., & Bridges, T.** (2007). *Parenting style as a moderator of associations between maternal disciplinary strategies and child well-being.* Poster Session presented at the Research in Child Development Biennial Conference, Boston, MA.

**Cook, E. C., & Fletcher, A. C.** (2007). *The effects of social network closure on academic outcomes in middle childhood: Does status of peer relationship matter?* Poster Presentation at National Conference of Family Relations, Pittsburgh, PA.

**Cook, E. C., Buehler, C., & Henson, B.** (2008). *The effect of gender and socioeconomic status on parents and peers as social influences on abstinence choices.* Poster Session presented at Society for Research on Adolescent Development, Chicago, IL.

**Cook, E. C., Buehler, C., & Henson, B.** (2008). *Individual, peer, and family factors that affect adolescents' reliance on parents and peers as social influences on abstinence choices.* Poster session presented at the Biennial Conference on Human Development, Indianapolis, IL.

**Cook, E. C., Walls, J. K., & Dansokho, S. D.** (2008). *Moderators of the relationship between children's problem behavior and maternal depressive symptoms.* Poster Session presented at the Biennial Conference on Human Development, Indianapolis, IL.

**Cook, E. C., & Buehler, C.** (2009). *Parenting practices and friendship quality.* Poster session presented at the Research in Child Development Biennial Conference, Denver, CO.

**Cook, E.C., & Buehler, C.** (2010). *Parents, peers, and self: Adolescents' perception of who deters risk behavior.* Poster Session presented at the Society for Research on Adolescent Development, Philadelphia, PA.

**Cook, E.C., Buehler, C., & Blair, B.** (2011). *Adolescents' emotional reactivity across relationship contexts.* Poster Session presented at the Society for Research in Child Development, Montreal, Canada.

- Cook, E.C.,** Connell, C. M., & Pflieger, J. (2011). *Transitions in adolescents' antisocial behavior*. Paper presented at the Society for Research in Child Development, Montreal, Canada.
- Cook, E.C.,** & Connell, C.M. (2011). *Transitions in Non-metropolitan adolescents' antisocial behavior: The role of self-control, peers and parents*. Paper presented at the Society for Prevention Research, Washington, DC.
- Cook, E.C.** (2012). *Stress response and adolescents' adjustment: The impact of child maltreatment*. Paper presented at the Society for Research on Adolescence, Vancouver, British Columbia.
- Cook, E.C.,** & Chaplin, T. M. (2013). *Individual differences in adolescents' stress response and the association with internalizing and externalizing problems*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- Cook, E.C.,** & Buehler, C. (2013). *The effects of parenting behavior and parental influence on adolescents' risk behavior*. Paper presented at the Society for Research in Child Development, Seattle, WA.
- Cook, E. C.** (2014). *The Relationship among autonomy relatedness, adolescents' stress response, and externalizing behaviors*. Poster presentation at the Society for Research on Adolescent Development, Austin, TX.
- \*Cook, E. C.,** & Wilkinson, K. (2015). *Intrapersonal and Interpersonal Predictors of Late Adolescents' Stress Response during a Friendship Conflict Discussion*. Poster presentation at the Society for Research in Child Development Biennial Conference, Philadelphia, PA.
- Cook, E. C.** (2016). *Emotional and Physiological Synchrony in Adolescents' Friendships*. Paper submitted for presentation at the Society for Research in Adolescence Biennial Conference, Baltimore, MD.
- Cook, E. C.,** Blair, B., & Buehler, C. (2016). *Individual Differences in Adolescents' Emotional Reactivity across Relationship Contexts*. Paper submitted for presentation at the Society for Research in Adolescence Biennial Conference, Baltimore, MD.
- \*Champagne, A.,** & **Cook, E. C.** (2015). *Internalizing problems in parent-adolescent relationships*. Poster presented at the 2015 Association for Psychological Science Conference in New York, New York.
- \*Dipaola, A.,** & **Cook, E. C.** (2014). *The effect of maternal economic stress on psychological control and adolescent externalizing behaviors*. Poster presentation at the Society for Research on Adolescent Development, Austin, TX.
- \*Fernandes, K.,** Flynn, K., Wilkinson, K., Welch, A., & **Cook, E. C.** (2012). *The Effect of*

*Parent-Adolescent Relationships and Stress Response on Adolescent Risk Behavior.* Poster presented at the 2012 Rhode Island Summer Undergraduate Research Fellowship Conference at the University of Rhode Island.

- \*Felkel, N. C. & **Cook, E. C.** (2014). *Maternal depression and the impact on adolescent autonomy.* Poster presented at the New England Psychological Association Annual Meeting, Lewiston, Maine.
- \*Vaught, E. & **Cook, E. C.** (2015). *Does a discrepancy between perceived stress and physiological stress response impact adjustment?* Poster presented at the Northeastern Psychological Association Annual Meeting, Philadelphia, PA.
- \*Wilkinson, K., & **Cook, E. C.** (2014). *The Effect of Emotional Insecurity on The Intergenerational Transmission of Depression.* Poster presented at the Northeast Undergraduate Research and Development Symposium at the University of New England.
- \*Wilkinson, K., Pisapia, K., Vaught, E., Felkel, N., & **Cook, E. C.** (2014) *Development of a laboratory based paradigm to simulate parent adolescent conflict* poster presented at the Rhode Island Summer Undergraduate Research Fellowship (S.U.R.F.) Conference at the University of Rhode Island.
- \*Wilkinson, K., Champagne, A., Pimental, D., Duncan, O., & **Cook, E. C.** (2015). *Assessing Adolescents' Stress Response to a Parent-Adolescent Visual Stimulus.* Poster presented at the 2015 Rhode Island Summer Undergraduate Research Fellowship Conference at the University of Rhode Island.
- \*Wilkinson, K., **Cook, E. C.**, Felkel, N., Vaught, E., Champagne, A. (2015) *Conflict management as a buffer between peer conflict and adolescents' reactivity to conflict.* Poster presented at the 2015 Association for Psychological Science Conference in New York, New York.

### INVITED PRESENTATIONS

- Cook, E. C. (January, 2012). *Stress response and adolescents' adjustment.* Invited Talk at Brown Alpert School of Medicine.
- Cook, E. C. (October, 2013). *Individual differences in adolescents' stress response and associations with family and adolescent functioning.* Invited Talk at Roger Williams University: Psychology Department.
- Cook, E. C. (November, 2013). *Interpersonal stress, adolescents' stress response, and risk behavior.* Invited Talk at Rhode Island College: Psychology Department.
- Cook, E. C. (February, 2013). *Adolescents' stress response and associations with parent-adolescent relationships.* Invited Talk at University of North Carolina at

Greensboro: Human Development and Family Studies Department.

### **POLICY BRIEFS AND TECHNICAL REPORTS**

**Cook, E. C., & Connell, C. M.** (2010). *Northeast Communities Against Substance Abuse (NECASA) Substance Abuse Prevention Student Survey of the Community Coalition Building Grant*. New Haven, CT: Yale University [Reports completed in the spring and fall].

**Cook, E. C., & Tebes, J. K.** (2010). Cigarette taxes helpful in reducing smoking for the vast majority of adolescents but not all. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.

**Cook, E. C., & Tebes, J. K.** (2010). Inhibition of Protein Kinase C reduces the negative effects of stress and rescues prefrontal cortex functioning. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.

**Cook, E. C., & Tebes, J. K.** (2010). The adolescent brain: A sensitive period to cocaine effects. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.

**Cook, E. C., & Tebes, J. K.** (2010). Increased levels of serotonin 1B receptor and alcohol dependence. *Science-to-Policy Brief*. New Haven, CT: Interdisciplinary Research Consortium on Stress, Self-Control, and Addiction, Yale University.

Connell, C. M., **Cook, E. C.**, Crusto, C. A., & Patel, T. (2010). *The Courage to Speak Foundation, Inc. Drug Education Programs Evaluation: Baseline Data Report*. New Haven, CT: Yale University.

Crusto, C. A., Connell, C. M., **Cook, E. C.**, Holder, E., & Patel, T. (2010). *The Courage to Speak Foundation, Inc. Drug Education Programs Evaluation: Final Report*. New Haven, CT: Yale University.

### **TEACHING/MENTORING EXPERIENCE (Average Rating as an Instructor: 4.1/5.0)**

#### **Courses Taught:**

Introduction to Research Methods

- University of New Haven, Fall 2010
- Rhode Island College, Fall 2012, Summer 2014, Spring 2015

Human Development

- University of North Carolina, Summer 2006, 2007 & Spring 2008
- Rhode Island College, Spring 2012

Adolescent Development

- University of North Carolina – Chapel Hill, Fall 2002 & 2003, TA for Graduate Seminar
- University of North Carolina at Greensboro, Spring 2008
- Rhode Island College, Fall 2012 & Spring 2014/2016

Community Psychology

- Rhode Island College, Fall 2013

Research Seminar (4-6 students a semester, mentorship in the research process)

- Rhode Island College, every semester 2012-2015

Developmental Research Methods (Lecture and Lab)

- Rhode Island College, fall semester 2011-2015

Graduate Seminar Current Topics in Psychology: Developmental Psychopathology

- Rhode Island College, Spring 2013

Graduate Course in Research Design and Analysis I & II

- Rhode Island College, Fall 2014/2015 – I
- Rhode Island College, Spring 2012 – II

**Students Mentored:**

- 2014-2015     **Graduate Thesis Advisor**, Elise Titelius, Department of Psychology, Rhode Island College
- 2014-2015     **Graduate Thesis Advisor**, Kelly Pisapia, Department of Psychology, Rhode Island College
- 2013-2014     **Undergraduate Senior Thesis Advisor**, Kristen Wilkinson, Department of Psychology, Rhode Island College
- 2013-2014     **Graduate Research Project Advisor**, Kayla Martineau, Department of Psychology, Rhode Island College
- 2013-2014     **Graduate Research Project Advisor**, Amanda Welch, Department of Psychology, Rhode Island College
- 2012-Pres     **Undergraduate Research Experience**, 17 students mentored to date, Department of Psychology, Rhode Island College

**RESEARCH EXPERIENCE**

- 2014-Pres     **Principal Investigator - National Institute of General Medical Sciences of the National Institutes of Health – Direct Costs: \$157, 605**  
Department of Psychology, Rhode Island College



PI on a project that is developing an ecologically valid laboratory paradigm to examine the neurobiological mechanisms by which interpersonal stressors impact adolescents' risk behaviors in a sample of 60 adolescents.

- 2013-Pres **Principal Investigator – Internal Grant from Rhode Island College – Direct Costs: \$3, 885**  
 Department of Psychology, Rhode Island College  
 PI on a project that is currently collecting observational, survey, and physiological data on friends during a conflict interaction. The goal of this project is to further understand how characteristics of the individual and of the friendship are related to how adolescents handle stress when confronted with conflict in an important interpersonal interaction and how in turn this exasperates internalizing and externalizing problems.
- 2012-2014 **Principal Investigator National Institute of General Medical Sciences of the National Institutes of Health – Direct Costs: \$141, 074**  
 Department of Psychology, Rhode Island College  
 PI on a project that examined the relationship between parent-adolescent conflict, stress response, and adolescents' risk behavior in a sample of 100 mothers and adolescents utilizing survey, observational, and physiological data.
- 2009 - 2011 **Postdoctoral Fellow**  
 Department of Psychiatry, Yale University  
 Responsible for data collection, data analysis, manuscript generation, report writing, and translating research into policy briefs. Received training in prevention science and use of physiological measures.  
 Supervisors: Jacob Kraemer Tebes, PhD and Christian M. Connell, PhD
- 2008-2009 **Editorial Assistant**  
 Journal of Marriage and Family, University of North Carolina at Greensboro  
 Screened and reviewed manuscripts; selected appropriate reviewers.  
 Supervisor: David Demo, PhD
- 2005-2007 **Research Assistant**  
 Human Development and Family Studies, University of North Carolina at Greensboro  
 Helped supervise and coordinate a research study on how family processes affect adolescents' development. Duties included supervising and training undergraduates on observational coding and interviewing, management of database, creation of surveys, and grant preparation.  
 Supervisor: Cheryl Buehler, PhD
- 2004 **Research Assistant**  
 School of Social Work, University of North Carolina - Chapel Hill  
 Responsible for psychological and educational testing of female students in a juvenile detention center. Affiliated with a pilot program designed to provide educational services to females with substance abuse issues.

Supervisor: Raymond Kirk, PhD

- 2003-2004 **Research Assistant**  
Frank Porter Graham, University of North Carolina - Chapel Hill  
Helped coordinate and conduct a research study on problem-based learning. Work on this project involved setting up a statistical database, contacting school personnel, helping design scoring rubrics, conducting focus groups with teachers and students, and classroom observation.  
Supervisor: James G. Gallagher, PhD

### **CLINICAL AND CASE-MANAGEMENT EXPERIENCE**

- 2004-2005 **Case coordinator, Clinical Programs**  
University of Florida, Child Protection Team, Gainesville, FL  
Responsible for intake, case coordination, and recommendations for children that have been abused or neglected. Provided services that included: forensic interviewing, multidisciplinary staffing, and assessments.
- 2002 **After-Care Specialist**  
Department of Juvenile Justice/Project Adventure, Athens, GA  
Delivered a complete range of services to 32 juvenile delinquents on aftercare. Specifically, I wrote treatment plans, developed skills in informal family and individual counseling, attended court hearings, made decisions on out of home placements, and worked with schools and mental health agencies to integrate adolescents back into the community.
- 2000-2001 **Residential Counselor**  
Oakland School, Charlottesville, VA  
Provided guidance and a safe environment for fourteen young boys who were addressing social, academic, and emotional problems. Responsible for developing treatment plans, contacting parents, meeting with psychologists, and working with teachers to treat behaviors in the school environment.

### **DEPARTMENT AND UNIVERSITY SERVICE**

- 2015-Pres Member, Building Research Steering Committee, Rhode Island College  
2015-Pres Interim Psychology Program Graduate Director, Rhode Island College  
2015 Committee Member, Search Committee, Rhode Island College  
2014-Pres College Lectures Committee Co-Chair, Rhode Island College  
2013-2014 College Lectures Committee, Rhode Island College  
2013-2015 College Committee on General Education, Rhode Island College  
2013-2015 Ad-Hoc Committee Building Research at RIC, Rhode Island College  
2013-2015 Department Curriculum Committee, Rhode Island College  
2013 Committee Member, Search Committee, Rhode Island College  
2012-Pres Department Graduate Committee, Rhode Island College  
2012-2014 Faculty Advisor Co-Op Preschool, Rhode Island College

### **PROFESSIONAL SERVICE & MEMBERSHIPS**

**Ad hoc reviewer:**

2010-Pres American Journal of Community Psychology  
2010-Pres Social Development  
2011-Pres Journal of Research on Adolescence  
2012-Pres Journal of Early Adolescence  
2012-Pres Journal of Youth and Adolescence (Editorial Board)  
2013-Pres Journal of Adolescent Health  
2015-Pres Developmental Psychobiology  
2015-Pres Adolescent Research Review (Editorial Board)

**Memberships:**

2010 - pres Association for Society on Child Development  
2010 - 2014 Society for Prevention Research  
2009 - 2012 American Psychological Association  
2004 - pres Society for Research on Adolescence

**REFERENCES**

**Cheryl Buehler, PhD:** University of North Carolina at Greensboro, Professor Human Development and Family Studies, 248 Stone Building, Greensboro, NC 27402-6170  
336- 256-0133; [cabuehle@uncg.edu](mailto:cabuehle@uncg.edu)

**Tara M. Chaplin, PhD:** George Mason University, Assistant Professor of Psychology,  
4400 University Drive, MSN 3F5, Fairfax, VA 22030  
703-993-5066; [tchaplin@gmu.edu](mailto:tchaplin@gmu.edu)

**Christian M. Connell, PhD:** Yale University, Associate Professor of Psychology in Psychiatry  
and Director of Child Development Epidemiological Research, 389 Whitney Ave., New Haven,  
CT 06511  
203-789-7645; [christian.connell@yale.edu](mailto:christian.connell@yale.edu)

**Jacob Kraemer Tebes, PhD:** Yale University, Professor of Psychology in Psychiatry, Child  
Study Center, and Epidemiology & Public Health, 389 Whitney Ave., New Haven, CT 06511  
203-789-7645; [jacob.tebes@yale.edu](mailto:jacob.tebes@yale.edu)

**Laura R. Stroud, PhD:** Warren Alpert Medical School, Brown University, Associate Professor  
in Psychiatry and Human Behavior, Coro West, Suite 314, Providence, RI 02903  
401-793-8078; [lstroudri@gmail.com](mailto:lstroudri@gmail.com)